

# Registration Form

Camper's Full Name

Street Address

City State Zip Code

E-mail

Home Phone / Cell Phone

DOB / Age / Grade in Fall 2011

Shoe Size / T-Shirt Size

School / Parent's Name

Position:

Attack  Midfield  Defense  Goalie

Tuition:

\$260.00  \$150.00 (Goalie Rate)

US Lacrosse Membership Number \_\_\_\_\_

(Please Note: In an on-going effort to promote and grow the game of lacrosse locally, Southern Ohio Shoot-Out will make a donation to the Cincinnati Chapter of US Lacrosse.)

Please mail check or money order to:

Southern Ohio Shoot-Out

PO Box 54733

Cincinnati, OH 45254-0733

### Medical Information

Emergency Contact Phone Number

Health Insurance Carrier Group Number

I hereby request that my son named above be admitted to the 2011 Summer Shoot-Out Lacrosse Camp and authorize the Directors to act for me according to their best judgment in any emergency requiring medical attention.

Signature - Date

# 2011 Instructional Staff

Our diverse Staff is the strength of the 2011 Southern Ohio Lacrosse Shoot-Out. We are truly excited to bring exceptional lacrosse talent to coach our local boys for an eleventh consecutive summer.

## Coach Gene Tundo Camp Director

- #1 rated New York State Boys Summer Lacrosse Program
- Head Lacrosse Coach Orchard Park H.S., a perennial national top #10 program
- Has coached more than 100 High School All-Americans in the last 25 years
- Over 400+ wins



## Past Camp Counselors have included players from:

Under Armour All Americans / Johns Hopkins / Cornell / Notre Dame Ohio State / Iroquois National Team 2011 Top Recruit and teammates U-19 World Team

## Camp also features:

- College Invite Network / Honest Opinion of College Playing Level
- Certified Sparq Trainer on Staff to work on Agility / Footwork / Core & Balance
- Certified Athletic Trainer on Staff

[www.SOSLaxCamp.com](http://www.SOSLaxCamp.com)

# Release Waiver/Code of Conduct

In consideration of my participation in the Southern Ohio Shoot-Out Camp, I agree to the following:

**1. Waiver and Release:** I am fully aware of the risks, including the risk of catastrophic injury, paralysis and even death, as well as other damages and losses associated with participation in lacrosse and related sports conditioning activities. I further agree on behalf of myself, my heirs and personal representatives, that Southern Ohio Shoot-Out Camp, along with coaches, officials, volunteers, employees, agents, sponsors, officers and directors of these organizations, shall not be liable for any injury, loss of life or other loss or damage occurring as result of my participation in the event.

**2. Medical Attention:** I hereby give my consent to Southern Ohio Shoot-Out Camp and its Directors to act for me in accordance with their best judgment in any emergency requiring medical attention.

**3. Code of Conduct:** Southern Ohio Shoot-Out Camp expects that all participants will abide by a Code of Conduct. Failure to do so may result in immediate expulsion without compensation or refund.

\*Participants are expected to conduct themselves in a manner that honors the game and demonstrates respect for other players, coaches and spectators.

\*Performing, permitting, encouraging or condoning actions that are dangerous or demeaning to a player, coach or spectator is unacceptable.

\*Participants are expected to wear all of the necessary and required equipment for participation in lacrosse.

\*Participants are expected to report all injuries to staff.

\*The Southern Ohio Shoot-Out Camp will not tolerate any acts of vandalism, and will hold participants legally and financially responsible for all damages they may cause to the camp property or facilities.

I have read and agreed to all terms in the Release Waiver & Code of Conduct, especially with regards to my responsibilities as a participant or guardian of a participant.

Name of Participant

Signature of Participant Date

Signature of Guardian Date

# 2011 SOUTHERN OHIO LACROSSE SHOOT-OUT

*"Cincinnati's #1 Summer Camp Choice"*



**11th Anniversary!**

**9am-3pm June 27th-30th, 2011**

**Drackett Fields (Terrace Park)**

**Boys Ages: 7 yrs. - High School Senior**



*Daily Raffles, Camp Prizes and Promotional Items given away each day. Nike cleats and turf shoes will be raffled off daily.*

[www.SOSLaxCamp.com](http://www.SOSLaxCamp.com)

## 2011 Camp Schedule

- Each camper needs to bring a lunch, water bottle and full lacrosse equipment. (Please write your name on everything)
- Gatorade, water and snacks will be provided during breaks throughout the week.

## Camp day

Morning Session: 9:00 to 11:30 A.M.  
Lunch Break: 11:30 A.M. to 12:30 P.M.  
Afternoon Session: 12:30 to 3:00 P.M.  
End of Camp Pizza Party (Last Day)

## Seminars, Demonstrations, Drills & Skills

- Shooting
- Ground Balls
- Dodging
- Stick Skills
- Strategy & Tactics
- Defense (Team & Individual)
- Face-offs
- Man-up & Man-down
- Clears & Rides
- Offensive Strategy
- Box Lacrosse Techniques & Strategy
- Individual Position Training



## Mission Statement

Southern Ohio Shoot-Out Camp understands that our camp is instructional and we strive to teach the finest points of the game. Campers are engaged in a full day of activities designed to give them a wonderful and complete experience. Our premier staff is committed to improve each player's individual skills.

While many camps emphasize games, we also stress skill development through high quality instruction. The camp offers a program that is designed to improve all aspects of the game by some of the top professional and college players and coaches in the country. Camper to staff ratio is 9:1 to ensure small group instruction.

The camp is organized into proper age and ability groups. Each camper will receive the same top-level instruction, regardless of his lacrosse experience.

For more information please contact:  
**Gary Buczek (513) 753-9205**  
[gary@SOSLaxCamp.com](mailto:gary@SOSLaxCamp.com)

[www.SOSLaxCamp.com](http://www.SOSLaxCamp.com)

## Shoot-Out Camp facts

- All H.S. players receive numbered Under Armour pinnie
- Small camper-to-staff ratio
- Longest running lacrosse camp in Cincinnati
- Specialized lacrosse instruction for all positions, including goalies
- Camp coordinator at each group level to ensure proper instruction
- Camp supports local lacrosse growth
- Eight unique 2½ hour field sessions
- Major sponsorship & support
- Top instruction from the nation's finest college and professional players
- Personal camper evaluation form completed by position coach
- Wonderful camp experience for all players
- College networking opportunity for high school players
- World class coaching staff who have succeeded at the highest level
- 11th Anniversary!



## Sponsorship and Promotional Items provided by:



[www.SOSLaxCamp.com](http://www.SOSLaxCamp.com)

Promotional literature & Web site  
by Cincinnati Media  
[www.cincinnati-media.com](http://www.cincinnati-media.com)